34th Annual High School Leadership Conference



November 2-3, 2019

Shanty Creek Resort (Bellaire, MI)

Agenda Overview *Subject to change

BOOT CAMP... PUT YOUR MIND IN LINE

Friday November 1, 2019 (Pre-conference for early arrivals)

7:00pm Conference and Hotel Registration 8:00pm Relay Rebellion and Ice Cream Social

10:00pm Mandatory Advisor/Parent/Chaperone Orientation

10:15pm Room Curfew

Please note breakfast will be on your own Saturday morning.

Saturday November 2, 2019

10:00am-12:00pm Conference and Hotel Registration

Schools set up exhibits; decorate hotel doors; create leadership books

11:30am-12:00pm Mandatory Advisor/Parent/Chaperone Orientation

11:00am-12:00pm Pizza Lunch

12:05pm-12:40pm Opening Ceremonies

12:45pm-1:30pm General Session #1-MI Heart Safe

1:30pm-1:45pm Whistle Stops #1 1:50pm-2:35pm Workshop Session #1 2:40pm-3:20pm Workshop Session #2

3:30pm-4:00pm School Team Meetings #1 *Meet with Advisor(s)
4:05pm-4:55pm General Session #2-Put Your Funding In Line
4:55pm Break/Dress for Special Advisor Dinner

5:30pm Advisor Photo

5:45pm-7:15pm "Salute Your Advisor" Dinner and Award Ceremony 7:15pm-8:00pm "Attitude of the Mind...Solutions To Ending Stigma" 8:00pm-8:45pm School Team Meetings #2 *Meet with Advisor(s)

8:45pm-9:30pm Break/Dance Preparation 9:30pm-11:00pm "Hollywood" Dance

11:00pm Room Curfew

11:30pm Lights Out! *REMEMBER TO TURN YOUR CLOCKS BACK 1 HOUR!*

Sunday November 3, 2019

7:30am-8:00am Interdenominational Service (optional)

8:00am-8:45am Breakfast - All Conference Photo-Wear Conference Shirts

9:00am- 9:45am "The Real Story"-Greg Martin

9:45am-10:00am Whistle Stops #2 10:10am-11:00am Workshop Session #3 11:10am-12:00 pm Workshop Session #4

10:10am-12:15pm Coffee and Conversations-Advisors

12:15pm-1:00pm Lunch

1:00pm-1:45pm School Team Meeting #3-Action Planning/Preparing for Team Presentations

2:00pm-3:00pm School Team Presentations 3:00pm Closing Ceremonies

3:30pm Schools Clean Up Rooms and Door Decorations

Schools Depart! Drive Safely!



Important Conference Information

- 1. Conference 2019 is two days. Saturday November 2 and Sunday November 3. Conference will end at 3:30p, Sunday November 3, 2019.
- 2. Registration for conference will be at 10:00 am on Saturday November 2, 2019 in the **Hotel Lobby**.
- 3. Attention Advisors!!! There is a **mandatory** Advisor Orientation at 11:30 am on Saturday, all advisors and/or parent chaperones **must attend.**
- **4.** Weather permitting; we may be going outside to do an all-conference photo **on Sunday.**
- 5. Attention Advisors: SLS will provide an Interdenominational Service on Sunday morning at 7:30 am for those interested.
- 6. Bring a nice outfit for Saturday's "Salute Your Advisor" Recognition Dinner. Students/Chapters are asked to bring/make a gift to Salute Their Advisor.
- 7. The dance will be Saturday night and is a "Hollywood" theme. School with the best dance theme attire or who brings the best dance decoration gets a chance to take home Happy the SLS Mascot!
- 8. Bring cookies or packaged snack to share at the dance.
- 9. SLS Conference has two traditions: Door Decorations (bring items to decorate your hotel door-This year Door Decoration theme is "Boot Camp" and we love to see cars decorated with messages.
- 10. Bring your SLS school/chapter banner to display and a chapter exhibit to display and show off your chapters work!
- 11. Bring Chapter or School items to exchange with other schools (ex. Pens, t-shirts, bags, etc.) Clean out your Chapter closet! Great way to market your chapter and share ideas.
- 12. Conference Day 1: Wear your school/chapter shirt and Conference Day 2: Wear the conference t-shirt for the all-conference photo!
- 13. Note: Because conference ends at 3:30pm on Sunday SLS has requested that all SLS conference participant rooms have a later check out. <u>However, there is no guarantee.</u> Please plan accordingly.
- 14. You should have received or will receive an email or fax about the status of your registration (ex. If you are missing anything or are all set). Any questions call Dawn Flood at SLS 248-706-0757 before October 31, 2019. After October 31 call my cell 248-462-9995.



Getting to Shanty Creek



Follow Interstate 75 North from Detroit to Grayling; M-72 West toward Kalkaska. In Kalkaska turn North on US 131 to Mancelona. From Mancelona, take M-88 West to the Shanty Main Entrance.

Proceed North on US 27 to Grayling, M-72 West to Kalkaska, Turn North on US 131 Mancelona. In Mancelona, take M-88 West to the Shanty Creek Main

Take US 131 North from Grand Rapids to Mancelona. In Mancelona, turn west on M-88 the Shanty Creek Main Entrance.



TO BRING AND TO DO LIST

*Give each student a copy!

Packing List/To Bring:

- Messages displayed on your car or bus (if you want to!)
- Hotel Door Decorations to advertise your chapter (if you want to!) Door Theme: Boot Camp SLS!
- SLS or School Banner
- Chapter Exhibit
- Drinks and Snacks for your group
- Cookies, or package snack to share at the dance
- Bring an extra Chapter/School shirt to be added to the next SLS T-shirt Banner!
- Nice outfit for Advisor Dinner
 *Semi-Formal
 and/Business. Students bring a
 gift to Salute your Advisor.
- Hollywood Dance Decoration or Attire for the Hollywood Dance (Glitz and Glam)
- Workshop supplies (if you are presenting a workshop)
- Whistle Stop Supplies (if you are participating in Whistle Stop and Presenting Workshop)
- Chapter or School t-shirt to wear on Saturday (bring an extra to add to our t-shirt banner collection)
- ENERGY! PASSION! ENTHUSIAM!
- Something to give your group a distinct identity.
- Bring Empty Shoe Box decorated with Camo (this will become your chapters "SLS Toolbox".)

Don't Forget to Do:

- STUDENTS!!! Please create an item or gift to present to your advisor during the Advisor Recognition Dinner. *How will you Salute Your Advisor(s)?*
- Make sure all forms are sent in and payments are made to SLS (registration fee) and Shanty Creek Resort (hotel fee) ALL CHECKS GET MAILED TO SLS and SLS will pass onto Shanty Creek
- Check out the SLS website <u>www.slstoday.org</u> for the latest conference information
- Call SLS if you have any questions 248-706-0757 or email Dawn dmf@slstoday.org



Pre-Conference Activities Presented by the SLS Student Advisory Board: (November 1, 2019)

Relay Rebellion and Ice Cream Social

School teams will participate in team building activities that will strengthen their problem-solving skills and increase their groups bonding and attachment.

Conference Keynote Speaker and Presenters: (November 2-3, 2019)

Greg Martin "The Real Story"

Stories inspire us...they're things that move us to action, more than a list of facts or well researched arguments. Stories are the things we love to pass on, share with our friends, and stick in the little circles on the top of Instagram. But lately, we have less time to tell stories, less attention span to hear the stories, and our stories are more nuanced. So, as this is becoming more true, how can we inspire people as leaders? How can we tell the real story?

SLS Student Advisory Board "Attitudes of the Mind: Solutions for Ending Stigma"

Perceptions of other people in their lives determine how students interact with each other. This program will encourage students to see people beyond their first impression. Athletes, theater actors and actresses, intellectual superpowers, school administration, and coaches are examples identified as perceived by the title. Race, cultural, gender, addiction, mental health and social stigma are included.

General Sessions: November 2, 2019 MI HEARTSafe School Program

The MI HEARTSafe School Program will help schools prepare for sudden cardiac emergencies.

This workshop will include a short review of all the MI HEARTSafe School criteria, how students can be champions of the program in their own schools, how to apply for the program and helpful ways to engage students in cardiac preparedness activities. Schools meeting all criteria are awarded annually for a three-year designation. **Please bring your cell phone to workshop.** Presented by Kristy Karasinski, Michigan Department of Health and Human Services

Put Your Fundraising In Line!

Get ready to increase your Chapter's budget. This workshop will help you and your chapter develop ways to increase funding for your chapter! You will learn the necessary tools to tell your chapter's story and strategy behind successful fundraising.

Presented by Toni Lauretano, SLS Board of Director, Development Assistant, Children's and Women's Michigan Medicine Office of Development, University of Michigan.

Workshop Sessions: November 2-3, 2019

Thank You, Next... (Step)

"If you can't fly, then run. If you can't run, then walk. If you can't walk, then crawl, but do whatever you do, you have to keep moving forward" - Martin Luther King Jr.

Are you ready to challenge yourself to be the "better" YOU? If yes, join this workshop where you learn how to understand yourself in a different light and learn how to move forward with other people. A way to move forward in life, being able to see the silver lining and coming out bigger and better. Presented by Niah Holsey, SAB, Warren Mott High School.



Alternate Earth

Everyone is a unique individual. There is only one YOU! Just like there is only one you, there is only one earth. This workshop you will learn about sustainability methods and how to reduce your carbon footprint on Earth because we only have one. Learn what your SLS group can do to help sustain not only your group, but also our earth. We all have a responsibility and SLS has a role. Presented by Camryn Jackson, SAB, Warren Mott High School

In The Balance Of Life

Does time eat at you to the point where you feel overwhelmed? Do you know how to manage your time without getting stressed out? This workshop helps you understand the purpose of time management, as well as, showing different methods to time management.

Presented by Colleen Drake, SAB, Lakeland High School and Sonya Liggins, SAB, Warren Mott High School.

Who Am I?

Do you sometimes ask yourself who am I? Do you sometimes wonder what your purpose is? If you answered yes to one of these questions, then this workshop is for you. We all need to find our purpose and really identify with who we are. Let's do this together. Presented by Makenzie Ryder, SAB, Walled Lake Northern High School.

Put Your Mind On The Road

Decisions, Decisions! When it comes to safe driving you not only need to know the rules of the road, but you must be able to make decisions. This workshop will help you practice your decision-making skills on and off the road. Along with practicing your driving skills using the AAA Driving Simulator. Presented by Elizabeth Kurkowski, SLS Prevention Specialist.

Finding Balance-Self-care tips for Teens

This workshop will promote the habit of self-care through activities, dialogue, and sharing of ideas, identifying what stresses you out and solutions to handle that stress and find your balance. Presented by Marion High School SLS Chapter.

I Need S'more

Let's plan a camping trip where we will plan our whole SLS year. Does your group need to do some team building, event scheduling, action planning and t-shirt designing? If yes, come to this workshop to learn how to do it all at a group camp retreat. Presented by Warren Mott High School SLS Chapter.

Becoming the Best of the Best

Is your group looking for ways to make your group bigger and better than ever? If yes, this workshop is for you. It will provide exciting new ways to become the best you can be while reaching your groups goals. Presented by Cady Bond, Keely Folts and Caitlin Scileppi, Freeland High School.

Student Leadership Services Inc.

Student Leadership Services

ADVISOR/PARENT RESPONSIBILITIES

*Please review carefully

- 1. Faculty Advisors are needed to be in attendance and actively involved with their students and other advisors during the conference. They are also expected to participate in conference activities, i.e. workshops, speakers, etc.
- 2. Advisors/Parent Chaperones are to remain at conference/hotel location from arrival on Saturday (Friday if attending Pre-Conference) until the conference ends Sunday afternoon. Advisors are to be present for any pre-conference or post-conference activities/events.
- 3. Advisors will be considered on duty 24 hours a day and will be contacted if needed.
- 4. Vehicles are to be locked on the conference facility grounds during the entirety of the conference and the advisors are to hold the keys of their students who may have driven. Participants are always expected to remain in the conference facility.
- 5. Advisors, Parents, Guest or Speakers are not permitted to use alcoholic beverages, nor violate smoking regulations during the conference.
- 6. Dress is casual for conference except for Saturday's Advisor Dinner. Semi-Formal and/or Formal Attire is suggested.
- 7. As a Faculty Advisor you will be responsible for youth attending from your school. In addition to being available to them during the conference, we have scheduled school meetings that you will facilitate with your group.
- 8. At night you will need to make room checks to assure that your students are accounted for before you retire for the night. SLS's Conference Assistants (CA's) will also be making bed checks. Students are expected to stay in their rooms following "lights out" (no trips outside or to other student rooms).
- 9. Faculty Advisors are expected to intervene when any participant is breaking conference rules. See Disciplinary Action.
- 10. You will be expected to participate in any disciplinary decision-making and action involving your students.
- 11. Faculty Advisors are expected to cooperate with Conference Assistants and staff at the Conference.
- 12. All the above responsibilities for Faculty Advisors also apply to any Co-Advisor Parents accompanying the group. Please make this clear to any Co-Advisor or Parent Chaperone(s) attending.

Student Leadership Services Inc.

SLS CONFERENCE RULES & EXPECTATIONS 2019

*Please review carefully with students and adults

These rules are designed to ensure that all participants enjoy a maximum learning experience in an environment conducive to an exchange and sharing of ideas and concepts. Your cooperation in abiding by these rules is very important. Conference participants who violate these regulations will be subject to disciplinary action, which may include being sent home and/or a report made to the participant's parents or guardians, or administrator. All participants are expected to abide by these conference regulations regardless of age.

ATTENDANCE: Student and adult participation and attendance at workshops, general sessions and all conference activities are **mandatory.**

APPROPRIATE ATTIRE: SLS coincides with school dress codes. Conference is at a hotel resort and conference center. Conference may include outside activities (weather permitting) Please bring appropriate winter clothing such as, coats, hats, gloves, boots, etc.

BEHAVIOR: All participants are expected to conduct themselves in an orderly manner. Including no girls in boy's hotel rooms and vice versa unless advisor is present. Behavior that falls below generally accepted standards may result in removal. **This is strictly enforced.**

CURFEW: When conference activities are finished for the day all students must report to their hotel room. At no time may students leave their room or hotel once curfew is in place. **This is strictly enforced.**

CELL PHONES: All participants are expected to have all cell phones, pagers, etc. off or on silent. If phone is required for medical reasons, ringer must be turned to silent. There will be no phone use during any presentations. Respect and courtesy of presenters and conference activities are expected. There will be appropriate times for social media posts, etc.

PROPERTY DAMAGE: Intentional damage or theft of hotel or personal property is strictly prohibited. Disciplinary action will include financial remuneration for such damage or theft and removal from conference.

SAFETY: All conference participants must stay within designated hotel and activity areas.

SMOKING: This is a **no smoking** conference and underage smoking, including vaping, will not be permitted. Smoking of cigarettes, pipes, cigars, vaper pens, e-cigs, etc. by adults, is **not** permitted inside any facilities or rooms.

USE OF ALCOHOL OR OTHER DRUGS: Any participant found to be under the influence of or in possession of alcoholic beverages or other drugs, will be immediately removed from the conference. This includes any adult, speaker or conference guest. Use of any substance for medical purposes must be approved by their advisor or conference staff.

DISCIPLINARY ACTIONS

An offending student's advisor will be involved in disciplinary decisions; however, the discipline committee and conference coordinator will take final action. Disciplinary actions depending on the severity may include and are not limited to: Verbal reprimands; Time Outs; and/or Dismissal from the event. Depending on the severity of the event parents and/or school principals will be notified.