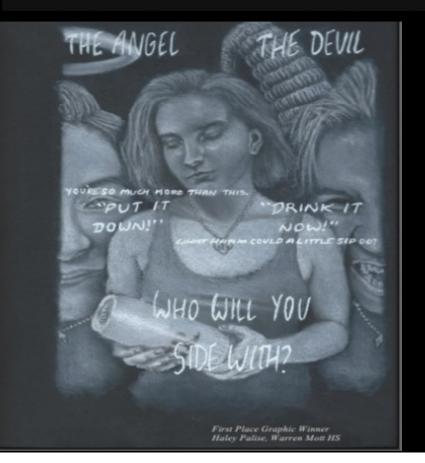
Students Leading Students SLSTODAY.org



#AddictionHasManyForms



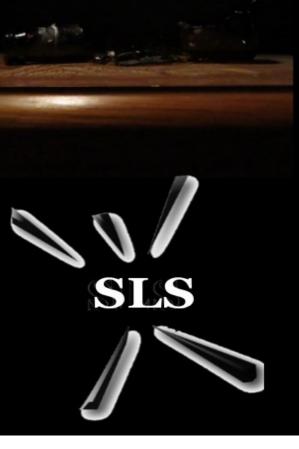


Is it worth it?



Break the Bottle

Stop Underage Drinking



Spring 2020, Volume 33, Number 2

Why Students Leading Students?

In the words of the students:

"I'm more of the person I want to be thanks to SLS. The fact is, this organization has played a key role in how I live my life. It's helped me step up and be the type of leader that is an asset to society. You can't tell by just looking at me, but on the inside I've changed.

With the support of my advisors and fellow SLS Chapter members I feel I can accomplish anything. The key word here is support. SLS members and the SAB don't just watch each other; we encourage and make the tasks easier.

More than anything, SLS has taught me that I'm not alone and that there are others that believe in seeing change as much as I do. We all believe so strongly that we can make a difference. We inspire each other to be great. Whatever great leadership we have in us, SLS can help bring it out."

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Why Youth Value SLS:

It's "youth-led". It's "hands on". It's "interactive". SLS engages youth, offers fun activities, and presents opportunities to design leadership experiences for their peers and the community.

Why Advisors Value SLS:

SLS is outcome-based prevention: including risk & protective factors; assets & resiliency skills; positive youth development; executive functioning skills; differentiated instruction; student focused learning objectives; and proven effective...science-based practices from addiction and prevention practitioners as well as SLS Validation Study 2011-2017.

And... youth train youth....effectively.

GET OUTCOMES Build Capacity of your Chapter with SLS Trainings

Accepting & Giving Feedback Active Listening and Communication Adolescent Development Alcohol, Tobacco and Other Drug Education Assertiveness **Asset Building** Asset-Based Community Projects Community Awareness **Conflict Resolution Decision Making** Delegating **Distracted Driving Prevention** Diversity **Emerging Leadership** Empowerment vs. Power **Energizing Your Group** Fundraising & Grant Writing **Healthy Choices** Helping a Hurting Friend How to be a Great Advisor How to Run Energizing Meetings Implementing Service-Based Learning **Increase Membership** Individualized Chapter Training just for you!

Leadership Styles Marijuana, Inhalants, Prescription Drugs Marketing Skills Media Skills Mentoring Outcome-based Prevention- What is this? Parent Skill Building Workshops Peer Mediation Peer Resistance Skills Peer to Peer Safe Driving Education **Presentation Skills Positive Role Modeling Public Relations Skills** Safety Awareness **STAND To Be Active Team Building** Teen Voice Vaping Education Violence Prevention/Bullying Schedule a training at **your school** if that works best for you. Call Dawn 248-706-0757 or dmf@SLSToday.org

Thank You!









ntal Disabilities • Mental Health • Substance Recover

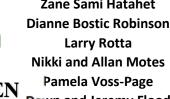


Student Leadership Services Inc. Innovative. Inclusive. Validated.



Thomas P. Bingman Memorial Voss Taylor Steel





Nikki and Allan Motes

PETITPREN **Dawn and Jeremy Flood** Laura and Christian Dodd **Dawn & Craig Sylvester** Found Objects (Laurie & Zachary)

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National SLS Awards

SLS is the only Michigan developed student-led program with national validation.









ntal Disabilities • Mental Health • Substance Recovery

"Federal, State, and/or County funding has been provided through the Oakland Community Health Network Substance Use Disorder Services to support the project costs".

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What Does the Student Advisory Board (SAB) Do?

The SAB trains SLS Chapters to replicate proven effective peer-led strategies using SLS validated standards. When schools use the SLS Model, the outcomes are: increase in positive school climate, leadership skills, school engagement, more likely to intervene in inappropriate social media and bullying, and avoid risky driving and other destructive behaviors. (NREPP, 2017) This process elevates students' success with Executive Functioning Skills that prepare them for their future.

How? The SAB use the SLS Validated Model with their biggest project...the 34th SLS High School State Conference at Shanty Creek.

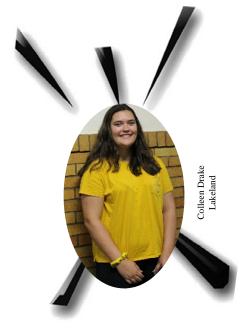
Executive Functioning Skills

SLS Validated Model

Peer Influence SAB creates workshops, activities and the video presentation to end stigm	Emotional Control na - a safe place to express feelings with no fear of judgment.
Active Student Engagement	Sustained Attention
SAB facilitates three days of the interactive and engaging event; train their peers to lead SLS in their schools and develop trusting relationships.	
Reporting Chapter Progress	Goal Directed
SAB moves SLS Chapters to action with theme, workshops, speeches, dance, awards, whistle-stops, Action Planning, materials & handbooks.	
Strategic Planning	Planning and Organizing
SAB spotlight student issues to influence in their schools and the State of Michigan. SAB creates a Vision for SLS Chapters in retreats and shares with Chapters at trainings.	
Facilitating Meetings	Organization and Flexibility
The SAB team plans every detail of the Conference from May —November. The SAB debriefs the event in December to identify areas of Chapter growth, achievement and future planning.	
Personal Growth and Helping Others	Emotional Control
SAB implement the Vision of SLS empowerment, skill building, empathy and coping skills at Conference. SAB problem solve Chapter struggles.	
Reflection and Debriefing	Time Management and Meta-Cognition
SAB integrates reflection in planning meetings and in three School Team Meetings at Conference to hear every member's thoughts and feelings.	
Knowledge of Alcohol, Tobacco and Other Drugs (ATOD)	Working Memory
SAB conducts a needs assessment of Michigan high schools, including their own school, and reviews ATOD data and youth development studies to incorporate accurate research into workshops, speeches, Conference activities and Chapter Action Plans.	
Modeling ATOD Resistance	Response Inhibition
SAB teaches resistance skills, decision making and peer influence skills in interactive Conference workshops in ways that students learn best.	

SAMHSA Camryn Jackson Warren Mott

engagement, academic achievement, bonding and attachment with relationship skills, improved self and social awareness, decision-making capacity, and is cost effective, sustainable and supported by SLS MSW staff. (SLS SAMHSA and Wayne State Validation Study of SLS - 2011-2018.)



Apply to the SAB (4/30/2020)

www.SLStoday.org





The Village in SLS



SLS Advisor of the Year Ward Bartlett Warren Mott HS

Award presented by Camryn Jackson, SAB Warren Mott HS

SLS Student of the Year Diamond Hudson Atherton HS

Award presented by **Brad Simmons** SLS Board President SLS Volunteer of the Year Toni Lauretano SLS Alumna and Board

Award presented by Colleen Drake, SAB Lakeland HS

Cady Bond Freeland HS Award presented by

SLS Unsung Hero

Dawn Flood

SLS Unsung Hero Rochelle Winstead SLS Bookkeeper

Award presented by Dawn Flood SLS Program Director SLS Program Director

Makenzie Ryder, WL Northern Camryn Jackson, Warren Mott Colleen Drake, Lakeland Jillian Davis, Marian

SLS Student Advisory Board

Conference Hosts

As SLS celebrates our 39th school year, we also celebrate the people in SLS who are on the front lines and those who are behind the scenes. There are thousands of students, advisors, parents and supporters who have put their mark on the SLS organization. As in the popular saying, "It takes a village..." it certainly does take a village to save lives, to teach students the skills that they need to be healthy and successful. SLS is that village to many.

SLS services individual schools. This is both a positive and negative, as it is time intensive. Our office is in Waterford, and we travel to schools all over Michigan, including the Upper Peninsula. A student this past spring from Rudyard High School (U.P.) said, "I can't believe you traveled all the way up here." We are proud that we never let travel be a deterrent in our program delivery. The foundation of our program is skill-based. Research shows that students today need opportunities to learn and **<u>PRACTICE</u>** leadership and life skills.

To learn how SLS can train your students and advisors to be effective leaders in prevention and provide students with the tools they need in their daily "toolbox" to resist alcohol, other drugs, vaping and other risky behaviors contact



dmf@SLStoday.org; 248-706-0757; www.SLStoday.org.

Thank you to all those who have contributed to the SLS Village since 1982.

Dawn Flood, Program Director Pam Voss-Page, Executive Director



Freeland HS

"Best of the Best" Workshop

Clarenceville HS

Atherton HS



Marion HS

SLS Conference Volunteer Staff Sue White, Volunteer Garrett Zimmerman, Alumnus & Board Member Toni Lauretano, Alumna & Board Member Kendall Dyke, Volunteer Tricia DeVries (with Happy "SLS Mascot"), Alumna Dawn Flood, Program Director Jeremy Flood, Charlie Stilec Spirit Award Winner 2019 SLS Board Members, Alumni, Advisors, Volunteers and Sponsors "We thank you for your support"

Starting at left: Tricia DeVries (Alumna); Dianne Bostic Robinson (Board); Zane Hatahet (Board); Stacy Baker (Advisor); Aitana Massey (Alumna); Terry Wahrman (Advisor); Tamara Klida (Advisor); Michelle Turner (Advisor); Ward Bartlett (Advisor and Board); Toni Lauretano (Alumna & Board); Garrett Zimmerman (Alumnus & Board); Kendall Dyke (Volunteer Nurse); Sue White (Volunteer); Jeremy Flood (Volunteer Security); Sherry Randall (Citizens Insurance Sponsor)

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