



# From Challenges to Change: An SLS Impact Story

## 📍 School Challenges

- Rising concerns about student mental health and stress.
- Bullying and peer judgment impacting school culture.
- Unsafe driving behaviors among teens.
- Limited advisor resources to guide student leaders.
- Students feeling isolated, lacking confidence, and unsure how to use their voices.
- Increasing rates of vaping and other drug use among teens, creating health risks and peer pressure challenges.



## SLS Solutions

- Workshops on safe driving, bullying, inclusivity, and substance use
- Leadership training through conferences and hands-on activities
- Advisor support with practical tools for guiding youth
- Wellness programs on mental health, coping skills, tech use, and vaping/drug prevention
- Evidence-based curriculum (Botvin LifeSkills, Prime for Life, Guiding Good Choices)
- Inclusive communities where students feel welcome and thrive

**Student Leadership Services (SLS) is Michigan's premier student-led organization empowering teens to create safe, healthy, and inclusive schools. Since 1982, SLS has delivered peer leadership training, evidence-based prevention curriculum, and advisor support addressing mental health, bullying, safe driving, vaping/drug use.**

**Through conferences, workshops, and hands-on activities, SLS equips students to lead with courage and resilience, while advisors gain tools to guide youth.**

## ↗ SLS Results

- ✓ Students gain confidence to lead
- ✓ Advisors apply effective strategies
- ✓ Students adopt healthier habits
- ✓ Students strengthen resistance skills
- ✓ Reduced alcohol/Nicotine/drug use
- ✓ Engaged, positive school culture
- ✓ Less bullying, safer online behavior
- ✓ Safer driving habits

## 🗣 SLS Student Voices

- ✓ "SLS is a welcoming place."
- ✓ "I gained interview skills."
- ✓ "I learned to cope with my mental health."
- ✓ "I learned I'm not alone."
- ✓ "Choices affect long-term mental health."

★ Because of SLS, students lead with strength—and schools thrive.

Partner with SLS to empower student leaders, strengthen advisor support, and build safe, inclusive school communities.



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